FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

|   | OMB APPRO                | VAL       |  |  |  |  |  |  |  |
|---|--------------------------|-----------|--|--|--|--|--|--|--|
|   | OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| l | Estimated average burden |           |  |  |  |  |  |  |  |
|   | hours per response:      | 0.5       |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name an                                                                       |                                                                                                                                              | 2. Issuer Name <b>and</b> Ticker or Trading Symbol Ingredion Inc [ INGR ] |                                             |          |                           |                                                             |          |                      |                                                                |             | Relationsh<br>theck all ap<br>X Dire       | ng Person(s) to Issuer<br>10% Owner                                                               |                               |                  |                                                     |                                                                                                                                   |                                              |                                                                   |                                                                    |  |
|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------|----------|---------------------------|-------------------------------------------------------------|----------|----------------------|----------------------------------------------------------------|-------------|--------------------------------------------|---------------------------------------------------------------------------------------------------|-------------------------------|------------------|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------------------------|--|
| (Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER                             |                                                                                                                                              |                                                                           |                                             |          |                           | 3. Date of Earliest Transaction (Month/Day/Year) 01/02/2014 |          |                      |                                                                |             |                                            |                                                                                                   |                               |                  | Offi<br>belo                                        | cer (give title<br>ow)                                                                                                            |                                              | Other (<br>below)                                                 | (specify                                                           |  |
| (Street) WESTCHESTER IL 60154 (City) (State) (Zip)                               |                                                                                                                                              |                                                                           |                                             |          | 4. If                     | 4. If Amendment, Date of Original Filed (Month/Day/Year)    |          |                      |                                                                |             |                                            |                                                                                                   |                               |                  | ne)<br>X For<br>For                                 | ridual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person |                                              |                                                                   |                                                                    |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |                                                                                                                                              |                                                                           |                                             |          |                           |                                                             |          |                      |                                                                |             |                                            |                                                                                                   |                               |                  |                                                     |                                                                                                                                   |                                              |                                                                   |                                                                    |  |
| 1. Title of Security (Instr. 3)  2. Transact Date (Month/Day                     |                                                                                                                                              |                                                                           |                                             |          |                           | Execution Date,                                             |          |                      |                                                                |             | es Acquired (A) o<br>Of (D) (Instr. 3, 4 a |                                                                                                   |                               | 5) Secur<br>Bene | ficially<br>d Following                             | 6. Owner<br>Form: Di<br>(D) or Ind<br>(I) (Instr.                                                                                 | rect<br>lirect                               | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership               |                                                                    |  |
|                                                                                  |                                                                                                                                              |                                                                           |                                             |          |                           | Code                                                        | v        | Amount               | ()<br>1)                                                       | A) or<br>O) | Price                                      | Trans                                                                                             | action(s)<br>3 and 4)         |                  |                                                     | (Instr. 4)                                                                                                                        |                                              |                                                                   |                                                                    |  |
| Common                                                                           | Stock                                                                                                                                        | 2014                                                                      | 014                                         |          | A                         |                                                             | 365.1767 | 7 <sup>(1)</sup> A S |                                                                | \$0         | 19,3                                       | 19,333.8114 <sup>(2)</sup>                                                                        |                               |                  |                                                     |                                                                                                                                   |                                              |                                                                   |                                                                    |  |
|                                                                                  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |                                                                           |                                             |          |                           |                                                             |          |                      |                                                                |             |                                            |                                                                                                   |                               |                  |                                                     |                                                                                                                                   |                                              |                                                                   |                                                                    |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                              | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security                                                                        | 3. Transaction<br>Date<br>(Month/Day/Year)                                | 3A. Deer<br>Execution<br>if any<br>(Month/I | on Date, | Date, Transac<br>Code (Ir |                                                             |          |                      | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |             |                                            | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>and 4) |                               | str. 3           | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) |                                                                                                                                   | Owner<br>Form<br>Direct<br>or Inc<br>(I) (In | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|                                                                                  |                                                                                                                                              |                                                                           |                                             |          | Code                      | v                                                           | (A)      | (D)                  | Date<br>Exercisa                                               | able        | Expiration<br>Date                         | Title                                                                                             | Amo<br>or<br>Num<br>of<br>Sha | ber              |                                                     |                                                                                                                                   |                                              |                                                                   |                                                                    |  |

## **Explanation of Responses:**

- 1. These are restricted stock units issued to the Company's outside directors as part of their annual retainer and are payable in stock no earlier than six months after resignation or retirement as a director and no later than ten years therafter.
- 2. Includes restricted stock units acquired through deemed dividend reinvestment and shares of common stock acquired through dividend reinvestment.

Christine M. Castellano, Attorney-in-Fact

01/06/2014

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.