FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPR	OVAL
	OMB Number:	3235-028
	Estimated average bure	den
	hours per response:	0.
- 4		

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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OMB Number:	3235-0287
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1. Name an Frisch I	3. E	2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR] 3. Date of Earliest Transaction (Month/Day/Year) 02/05/2016									ck all app Direct Offict belo	applicable) rector fficer (give title elow)		Person(s) to Issuer 10% Owner Other (specify below)						
5 WESTBROOK CORPORATE CENTER				02/	02/03/2010									Sr. VP, Human Resources						
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)				- 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Trans Date (Month/I						Execution D			Transaction Code (Instr.		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			and 5) Securi Benefi		cially I Following	Forn (D) o	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D) Pric		e	Transa	action(s) 3 and 4)				
Common	mmon Stock 02/05/2016					F		565(1)	D	\$1	00.35	5 22,542.9961 ⁽²⁾			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	cise (Month/Day/Year) if any Code (Inst f ive (Month/Day/Year) 8)		(Instr.	of	r osed (, 3, 4	6. Date Expirati (Month)	ion Da /Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amour or Numbe of Title Shares		De Sei (In:	Price of rivative curity str. 5)	9. Number of derivative Securities Securities Beneficially Owned Following Reported Transaction (Instr. 4)	, C F C O (1	10. Ownership Form: Direct (D) Or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

- 1. Shares withheld to pay applicable taxes upon the vesting of 1,700 restricted stock units ("RSUs") granted February 5, 2013 and 115.2697 RSUs acquired through deemed dividend reinvestment with respect to these RSUs.
- 2. Includes RSUs acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSUs with respect to which they are deemed dividends vest.

Christine M. Castellano, 02/09/2016 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.