SEC	Form	4
-----	------	---

 \Box

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

I

OMB Number: 3235-028							
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

WESTCHESTER IL (City) 60154 (Zip) X Form filed by One Reporting Person Form filed by More than One Reporting Person Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 5. Amount of Securities (Month/Day/Year) 5. Amount of Month/Day/Year) 6. Ownership fary (Month/Day/Year) 6. Ownership fary (Month/Day/Year) 7. Nature of Beneficial Our diagonal (Month/Day/Year) 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 5. Amount of Securities (Month/Day/Year) 5. Amount of Securities (Month/Day/Year) 5. Amount of Month/Day/Year) 6. Ownership (Month/Day/Year) 6. Ownership (Month/Day/Year) 6. Ownership (Month/Day/Year) 6. Ownership (Month/Day/Year) 6. Date Exercisable and Oprivative Securities Acquired (Disposed of, or Beneficially Oprivative Securities (Month/Day/Year) 8. Date Exercisable and Oprivative Securities (Month/Day/Year) 6. Price of Month/Day/Year) 9. Humber of Date Exercisable and Oprivative Securities (Month/Day/Year) 6. Date Exercisable and Oprivative Securities (Month/Day/Year) 6. Date Exercisable and Oprivative Securities (Month/Day/Year) 6. Date Exercisable and Oprivative Securities (Month/Day/Year) 6. Date Exercisable and Op	1. Name and Address of Reporting Person* Seip David Eric						2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Street) Line) Line) Line) X Form filed by One Reporting Person Person (City) (State) (Zip) X Form filed by More than One Reporting Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 5. Amount of Execution Date, (Month/Day/Year) 3. Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 3. Securities Acquired (A) or (Bor Disposed of (D) (Instr. 3, 4 and 5) 5. Amount of Security 5. Amount of (I) (Instr. 4) 5. Amount of Beneficially Ownership (Instr. 3) 5. Amount of (I) (Instr. 4) 5. Amount of Beneficially Ownership (Instr. 4) 6. Ownership (Instr. 4) 7. Nature of Beneficially Ownership (Instr. 4) 1. Title of Derivative Securities 3. Deemed Execurice Date (Borivative Securities 5. Number of Code (Instr. 3) 5. Date Exercisable and Code (Instr. 3) 7. Title and Amount or Securities 8. Price of Securities 9. Number of Beneficially Ownership (Instr. 3) 10. More ship (Instr. 4) 1. Title of Derivative Security 3. A Deemed Execurice Date (I) (Instr. 4) 5. Number of (I) (I															below)		Ops ai	below)	pecify	
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Executive Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Ownership (Instr. 4) 6. Ownership Form: Direct (D) or Indirect (D) (Instr. 4) 7. Nature of Indirect (D) or Indirect (D) (Instr. 4) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) 5. Number of Securities (A) (D) Disposed of (D) (Instr. 3, 4 and 5) 6. Date Exercisable and (D) (Instr. 4) 7. Title and Amount or Security (Instr. 5) 8. Price of Derivative Security (Instr. 4) 9. Number of Indirect Beneficially Owned (D) (Instr. 4) 10. Ownership Form: Direct (D) ownership Form: Direct (D) (Instr. 4) 10. Ownership Form: Direct (D) (Instr. 4) 10. Ownership Form: Direct (D) ownership Form: Direct (D) (Instr. 4) 10. Ownership Form: Direct (D) (Instr. 4) 10. Ownership Form: Direct (D)					- 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	X Form filed by One Reporting Person Form filed by More than One Reporting					
Image: Constraint of the second se	1. Title of Security (Instr. 3) 2. Transa Date				sactio	action 2A. Deemed Execution Date, if any			3. Transa Code (I	ction	4. Securi	. Securities Acquired (A)			5. Amoun Securities Beneficia	s Ily	Form: (D) or	Direct	Indirect Beneficial	
(e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Deemed Execution Date, if any (Month/Day/Year) 4. Transaction Code (Instr. 8) 5. Number of Derivative Securities 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3) 8. Price of Derivative Securities 9. Number of Derivative Securities 10. Ownership or indirect Pollowing Transaction(s) (I) (Instr. 4) 11. Nature of Indirect Beneficial Ownership (Instr. 4) Phantom (U) 0.5/13/2022 0.					· H				v	Amount (A) or Pr		Price	- Reported Transaction(s)		(1) (11.					
$ \begin{array}{c} \mbox{Derivative} \\ \mbox{Security} \\ \mbox{(Instr. 3)} \end{array} \end{array} \begin{array}{c} \mbox{Date} \\ \mbox{or Exercise} \\ \mbox{Security} \\ \mbox{Security} \\ \mbox{(Instr. 3)} \end{array} \end{array} \begin{array}{c} \mbox{Date} \\ \mbox{or Exercise} \\ \mbox{Security} \\ \mbo$																				
Phantom (I) 05/13/2022 A 36 7126 (I) (I) Common Date Common Date Amount or Number of Shares Son Date	1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative	Date	Execution Dat if any	ate, T	Fransa Code (I		Derivative Securities Acquired (A) or Disposed of (D) (Instr.		Expiration Date			of Securities Underlying Derivative Securit		curity	Derivative Security	derivative Securities Beneficiall Owned Following Reported	e s illy g	Ownership Form: Direct (D) or Indirect	ip of Indirect Beneficial Ownership ct (Instr. 4)
						Code	v	(A)					Title	or Ni	umber			5.1(0)		
	Phantom Stock	(1)	05/13/2022			Α		36.7126		(1)		(1)		ⁿ 30	5.7126	\$92.59	2,555.9	411	D	

1. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on May 13, 2022. Each phantom stock unit represents the right to receive one share of common stock.

Michael N. Levy, attorney-infact 05/16/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.