SEC For	rm 4																	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See				O STA	TES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549										OMB APPROVAL			
				d purs	suant	to Section	n 16(a	a) of the Secu	rities Exchar	nge Act of 19		SHIP	11	ated av	er: verage burde sponse:	3235-0287 n 0.5		
1. Name and Address of Reporting Person [*] Seip David Eric				2. ls <u>Ing</u> 3. C	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR] 3. Date of Earliest Transaction (Month/Day/Year)								of Reporting able) r (give title	title Other (spec below)				
(Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER						4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or								P, Global Ops and CSCO Joint/Group Filing (Check Applicable				
(Street) WESTCHESTER IL 60154															ed by One Reporting Person ed by More than One Reporting			
(City)	(S	tate)	(Zip)		Ru	Chec	k this box	to indi	Transac cate that a tran defense condit	isaction was n	nade pursuar	t to a contr e Instructio	ract, instructio n 10.	n or written p	olan tha	at is intended	l to	
Table I - Non-Deriv. 1. Title of Security (Instr. 3) 2. Transe Date (Month/E)				action 2A Exc Day/Year) if a		A. Deemed xecution Date, any Month/Day/Year		Code (Instr. 5)		, ties Acquire	d (A) or	A) or 5. Amount		Form (D) or	Direct	7. Nature of Indirect Beneficial		
						(Month		ly/rea	Code V	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			Ownership (Instr. 4)	
		-							uired, Dis , options,				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date, 1	Code (I				6. Date Exerc Expiration D (Month/Day/	ate	of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Phantom Stock	(1)	10/13/2023			A		17.304		(1)	(1)	Common Stock	17.304	\$91.65	4,273.10	31	D		

Explanation of Responses:

1. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on October 13, 2023. Each phantom stock unit represents the right to receive one share of common stock.

<u>Michael N. Levy, attorney-in-</u> <u>fact</u>	<u>10/16/2023</u>
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.