FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP

OMB APPROVAL						
OMB Number:	Number: 3235-0287					
Estimated average burden						
hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Name and Address of Reporting Person* Seip David Eric					2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last)	(F	irst)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/28/2022							- X	below)	(give title . Globa (Other (speci below) Ops and CSCO		pecify	
5 WESTBROOK CORPORATE CENTER				L														
(Street)				4	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line)	'						
WESTCHESTER IL 60154											X	X Form filed by One Reporting Person				- 1		
(City)	(S	tate)	(Zip)										Form filed by More than One Reporting Person				ung	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			2. Transacti Date (Month/Day/	Execution Date,		r, Transaction Disposed Of Code (Instr.		ities Acquired (A) o d Of (D) (Instr. 3, 4			Beneficia Owned Fo	s Fo ally (D) following (I)		: Direct I Indirect E str. 4) (7. Nature of Indirect Beneficial Ownership			
							Code	v	Amount	(A) (D)	or	Price	Reported Transacti (Instr. 3 a	ion(s)		[Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Code	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amor of Securities Underlying Derivative Securi (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction	e s ally	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	ode V (A)		(D)	Date Exercisab		xpiration ate	Title	or Nu	ount nber Shares		(Instr. 4)			
Phantom Stock	(1)	02/28/2022		A		36.2083		(1)		(1)	Common Stock	36	.2083	\$88.74	906.28	39	D	

Explanation of Responses:

1. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on February 28, 2022. Each phantom stock unit represents the right to receive one share of common stock

Michael N. Levy, attorney-in-

<u>fact</u>

** Signature of Reporting Person Date

03/02/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.