FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
l	OMB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Castell		2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]									ck all appli Directo	cable) or	g Pers	son(s) to Iss	vner					
(Last) 5 WEST	,	rst) ORPORATE CE	(Middle) NTER		3. Date of Earliest Transaction (Month/Day/Year) 02/05/2013									×	below)		Other (spe below) and Corp. Sec.		pecity	
(Street)	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting									
(City) (State) (Zip)																Person				
		Tab	le I - No	n-Deriv	ative	Sec	curitie	s Ac	quired,	Dis	posed c	of, or B	enefi	cially	/ Owned	ł				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						r) E	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr. 5		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			Securitie Benefici Owned F		s Illy ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) (D)	or Pri	се	Reported Transacti (Instr. 3 a	ion(s)			(Instr. 4)	
Common	Stock	/2013	2013			A		1,200(200 ⁽¹⁾ A		\$ <mark>0</mark>	5,719.8962 ⁽²⁾⁽³⁾			D					
Common Stock														774.127 ⁽⁴⁾			I	By 401(k) Plan		
		7	able II -								osed of converti				Owned			•		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	4. Transa Code (I 8)		of I		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owner Form: Direct or Indi (I) (Inst	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisal:		Expiration Date	Title	Amo or Num of Shar	ber						
Employee Stock Options (Right to	\$66.07	02/05/2013			A		5,700		(5)	0	2/04/2023	Commo Stock	5,7	00	\$0	5,700		D		

Explanation of Responses:

- 1. These are restricted stock units ("RSUs") issued under the Ingredion Incorporated Stock Incentive Plan. The RSUs may be settled only in shares of Common Stock (one share per RSU) and will vest on February 5, 2016. In the event of termination of employment due to death, disability or retirement (defined as age 55 and 10 years of service or age 62), the RSUs will vest on a pro-rata basis using the number of full months employed during the thirty-six month vesting period.
- 2. Includes 1,100 shares of restricted stock. The restrictions on these 1,100 shares will lapse on the fifth anniversary of the January 27, 2009 grant date.
- 3. Includes restricted stock units acquired through deemed dividend reinvestment.
- 4. Since the date of the reporting person's last ownership report, she transferred 752.063 shares of Ingredion Incorporated common stock held in her 401(k) account to her ex-husband pursuant to a domestic relations order. The reporting person no longer reports as beneficially owned any securities owned by her ex-husband.
- 5. These options become exercisable in three equal annual installments on February 5, 2014, 2015 and 2016.

02/07/2013 Christine M. Castellano

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.