SEC For	rm 4																			
FORM 4 UNI				IITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See						MT OF CHANGES IN BENEFICIAL OWNERSH d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940											OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			
1. Name and Address of Reporting Person* Adefioye Elizabeth (Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER					2. I In 3. I	2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR] 3. Date of Earliest Transaction (Month/Day/Year) 02/09/2021									Relationship of Reporting Person(s) to Issuer eck all applicable) Director 10% Owner X Officer (give title Other (specify below) below) SVP and Chief Human Res Off			ner pecify		
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)					4.1	Line)									loint/Group Filing (Check Applicable led by One Reporting Person led by More than One Reporting					
		Tab	le I - No	n-Deriv	/ativ	e Se	curities	s Ac	quired.	Dis	posed o	f, or E	Bene	icially	y Owned					
1. Title of Security (Instr. 3) Date (Month/Date)						ar) E	A. Deemed execution Date, any Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			5. Amour Securities Beneficia Owned Fe	s Ily ollowing	Form (D) o	r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
					/2021					v	Amount	(A) (D)		rice	Reported Transacti (Instr. 3 a	on(s) nd 4)			(Instr. 4)	
Common	Stock		Fable II -		tive	Seci					2,152 ⁽¹ osed of, convertil	or Be	nefi			.2435 ⁽²⁾		D		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,	4. Transa Code (B)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Yea		e	of Sec Underl Deriva	7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transactii (Instr. 4)	e s Ily J	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or Nu of	nount Imber Iares						
Employee Stock Options (Right to	\$87.12	02/09/2021			A		15,231		(3)		02/09/2031	Comm Stock		5,231	\$87.12	15,23	1	D		

Explanation of Responses:

Buy)

1. These are restricted stock units ("RSUs") issued under the Ingredion Incorporated Stock Incentive Plan. The RSUs may be settled only in shares of common stock (one share per RUS) and will vest on February 9, 2024. In the event of termination of employment due to (a) death (b) disability or (c) retirement on or after (i) age 65, (II) age 62 with a minimum of 5 years of continuous employment with or service to the Company or its Subsidiaries or affiliates (in the case of each termination described in (a), (b) or (c), a "Retirement") the RSUs will vest on a prorata basis determined by multiplying the number of RSUs awarded and or credited by a fraction, the numerator of which is the numerator of ull months that have elapsed between the Grant Date and the termination date and the denominator of which is 36. Notwithstanding the foregoing, in the event of Retirement on or after February 9, 2022, the RSUs shall continue to vest in accordance with the vesting schedule.

2. Includes restricted stock units (RSUs) acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSUs with respect to which they are deemed dividends vest.

3. These options will vest in three equal annual installments on February 9, 2022, 2023, 2024.

Michael N. Levy, attorney-infact 02/10/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.