FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to	STATEMENT OF
Section 16. Form 4 or Form 5 obligations may continue. See	
Instruction 1(b).	Filed pursuant

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RINGLER JAMES M						2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]									heck all a	onship of Reporting Il applicable) Director		g Person(s) to Issuer 10% Owner	
(Last) 5 WESTI	(Fir	est) (I	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 07/02/2012										icer (give title ow)		Other (specify below)	
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) <mark>X</mark> Fo Fo	,				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date					Execui Day/Year) if any		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3, 4			d Secu Bene	ficially ed Following	Form (D) o	vnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) (D)) or)	Price	Trans (Inst	action(s) . 3 and 4)			` ,
Common Stock 07.				07/02	/2012		A		504(1)) A		\$0	29,	29,579.8749(2)		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any			Date,		Transaction Code (Instr. B)		mber rative rities ired r osed) . 3, 4	6. Date E Expiratio (Month/D	n Dat		and 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ount	8. Price o Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	D O (I	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	of Title Share							

Explanation of Responses:

- 1. These are shares of common stock issued to the Company's outside directors as part of their annual retainer.
- 2. Includes restricted stock units acquired through deemed dividend reinvestment and shares of common stock acquired through dividend reinvestment.

Mary Ann Hynes, Attorney in Fact

** Signature of Reporting Person

07/03/2012 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.