FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
l	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Tanda Stephan B.</u>						2. Issuer Name <b>and</b> Ticker or Trading Symbol Ingredion Inc [INGR]									heck all a	ship of Reportin applicable) rector	g Person(s) to I	ssuer Owner	
(Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER							3. Date of Earliest Transaction (Month/Day/Year) 08/19/2019									ficer (give title low)	Other below	(specify )	
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ne) X Fe	dual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						Execution Date			3. Transaction Disposed Of (D) (Instr. 3, 4) (C) (1) (8)						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount (		) or ))	Price	Tra	nsaction(s) tr. 3 and 4)		(Instr. 4)				
Common Stock 08/19/2							2019		A		187(1)		A	<b>\$76.</b>	65	187	D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	ution Date, Ti C C th//Day/Year) 8		ransaction of code (Instr. De ) Se Ad (A Di of		osed . 3, 4	6. Date E Expiratio (Month/D	n Date	9	Amount of Securities Underlying Derivative Security (Instr. and 4)  Amoun or Numbe of		ount	8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

## Explanation of Responses:

1. These are shares of common stock issued to the Company's outside directors as part of their annual retainer.

John E. Lowe, attorney-in-fact 08/20/2019

\*\* Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$ 

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.