FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Zallie James P.				-	==0									X Dir	ector	10%	Owner	
(Last)	(Fi	rst) (Middle)					t Trans	saction (M	lonth/	Day/Year)			\dashv		icer (give title ow)	Other below	(specify
5 WESTBROOK CORPORATE CENTER				02/	02/02/2019									President and CEO				
(Street)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
WESTCHESTER IL 60154														X Fo	Form filed by One Reporting Person			
(City)	(St	ate) (Zip)											Form filed by More than One Reporting Person				
		Tabl	e I - No	n-Deri\	/ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or	Ben	eficia	lly Ow	ned		
1. Title of Security (Instr. 3) 2. Transposite (Month/L					Execution Date,		3. 4. Securities Acquired Disposed Of (D) (Instr. 5)			uired (Instr.	(A) or 3, 4 and	Secu Bene	nount of rities ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A (D) or)	Price	Trans	saction(s) : 3 and 4)		(111301.4)
Common Stock 02/02/2				2/2019	2019		F		969(1)		D	\$98.4	49 41,	161.719 ⁽²⁾	D			
		Та						•			sed of, onvertib			-	Owne	d		
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution rity or Exercise (Month/Day/Year) if any		n Date,		ransaction ode (Instr.) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of Title Shares		ount	8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

- 1. Shares withheld to pay applicable taxes upon the vesting of 3,376 restricted stock units ("RSUs") granted February 2, 2016 and 194.35784 RSUs acquired through deemed dividend reinvestment with respect to these RSUs.
- 2. Includes restricted stock units ("RSUs") acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSUs with respect to which they are deemed dividends vest.

John E. Lowe, attorney-in-fact 02/05/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.