FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANG						
obligations may continue. See							
Instruction 1(b).	Filed pursuant to Section 16(a						

OMB APPROVAL S IN BENEFICIAL OWNERSHIP

OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an		2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]											olicable)		Person(s) to Issuer 10% Owner					
(Last) 5 WEST		3. Date of Earliest Transaction (Month/Day/Year) 11/14/2018										Offic belov	er (give title w)		Other (specify below)					
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)					4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Indiv Line) X	Forn	or Joint/Group Filing (Check Applicable rm filed by One Reporting Person rm filed by More than One Reporting rson			
		Tabl	eI-	Non-Deriv	ative	e Seci	ıritie	s Ac	quir	ed, [Disp	posed o	of, or l	Benefic	cially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yes				'ear) i	2A. Deemed Execution Date, if any (Month/Day/Year)		9, 7	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			5) Secu Bene Owne		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								G	Code	v	Amo	ount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock				11/14/201	8				S		1	1,775	D	\$103.4	103.4626 ⁽¹⁾		29,459.814 ⁽²⁾			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion or Exercise (Month/Day/Year) Price of Derivative Execution Date, if any (Month/Day/Year)		4. Transa Code (8)	(Instr.	5. Num of Derive Secun Acqui (A) or Dispo of (D) (Instr. and 5	ative rities ired osed . 3, 4	Expi (Moi	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Fxercisable Date			7. Title	nt of ities lying ative ity (Instr.:	nt er		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form: Direct or Indi (I) (Ins	(D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$103.4600 to \$103.4823, inclusive. The reporting person undertakes to provide Ingredion Incorporated, any security holder of Ingredion Incorporated or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in the immediately preceding sentence.
- 2. Includes restricted stock units acquired through deemed dividend reinvestment and shares of common stock acquired through dividend reinvestment.

Christine M. Castellano, 11/15/2018 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.