FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*					2. Issuer Name <b>and</b> Ticker or Trading Symbol Ingredion Inc INGR										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<u>REICH VICTORIA</u>					1 8	ingredion me [ more]									X	Direc	ctor		10% C	wner	
(Last)	(Fii	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 07/01/2014											Office	er (give title w)		Other below)	(specify	
5 WESTBROOK CORPORATE CENTER				4 15 /	4 If Amandment Date of Original Filed (Month/DayA/aas)									6 Individual or Joint/Croup Filing (Chook Applicable							
(Street) WESTCHESTER IL 60154				4. 11 7	4. If Amendment, Date of Original Filed (Month/Day/Year)								Lir								
(City)	(St	ate) (	Zip)													Pers	on				
		Tabl	e I - No	n-Deriva	ative	Sec	uritie	s Acc	quired	, Dis	posed o	f, o	Bene	ficia	lly (	Owne	ed				
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Acquired Disposed Of (D) (Instr.						5)			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(111501.4)			
Common Stock 07/01/2				2014		A		322.2895(1)		A	\$0		1,314.8528(2)		]	)					
		Та									osed of, onvertib				Ow	vned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/E	on Date, Control of the Control of t	Code (Ir	snsaction de (Instr. Securiti Acquire (A) or Dispose of (D) (Instr. 3, and 5)		ative rities ired osed	6. Date Expiration (Month/L	on Da Day/Yo		7. Title and Amount of Securities Underlying Derivative Security (Instrand 4)  Amou or Numb of Title Share		ount	8. Pri Deriv Secu (Instr	ative derivative rity Securities		Ow For Dire or I (I) (	nership m: ect (D) ndirect Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

## Explanation of Responses:

- 1. These are restricted stock units issued to the Company's outside directors as part of their annual retainer and are payable in stock no earlier than six months after resignation or retirement as a director and no later than ten years thereafter.
- 2. Includes restricted stock units acquired through deemed dividend reinvestment.

<u>Christine M. Castellano,</u> <u>Attorney-in-Fact</u>

07/03/2014

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.