FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-028							
Estimated average h	urden							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

37 hours per response: 0.5

1. Name and Address of Reporting Person* Wilson Dwayne Andree						2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER					3. Date of Earliest Transaction (Month/Day/Year) 10/01/2019										Office	er (give title w)		Other below)	(specify		
(Street) WESTCI	HESTER II		60154 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									. Indivi ine) X	•					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						y/Year) Exec		Deemed ecution Date, ny onth/Day/Year)				ies Acquired (A) o Of (D) (Instr. 3, 4			and 5) Secur Benef Owne		cially Following	6. Owr Form: (D) or (I) (Ins	Direct Indirect	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount		(A) or (D)	Price			ed ction(s) 3 and 4)			(Instr. 4)	
Common Stock 10.					/2019				A		371.9777	7 ⁽¹⁾ A		\$	0 15,361.1242(2)		51.1242 ⁽²⁾]	D		
		Та									osed of, convertib				y Ov	ned					
1. Title of Derivative Security (Instr. 3)	rative Conversion Date Execution if any			4. Transaction Code (Instr. 8)			ative rities ired sed	6. Date Expirati (Month/)	on Da		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount or Numbe of Title Shares		ount nber	8. Pri Deriv Secu (Insti	ative rity	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow For Dir or (I)	nership	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

- 1. These are restricted stock units issued to the Company's outside directors as part of their annual retainer and are payable in stock no earlier than six months after resignation or retirement as a director and no later than ten years thereafter.
- 2. Includes restricted stock units acquired through deemed dividend reinvestment.

John E. Lowe, attorney-in-fact 10/03/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.