## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

IL	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burde	en								
Ш	houre per recomes:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Fernandes Larry</u>						2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [ INGR ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify					
(Last) 5 WEST	,	rst) ORPORATE CE	(Middle) NTER			3. Date of Earliest Transaction (Month/Day/Year) 09/12/2019								X Officer (give title Other (specify below)  SVP, Sust & Chief Comm Officer					
(Street) WESTC	HESTER II	L	60154		- 4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)											Person	1				
		Tab	le I - N	on-Deri	vative	Sec	uriti	ies Ac	quired	l, Di	sposed c	f, or Be	neficia	ly Owned	k				
		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			nd 5) Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
						Code	v	/ Amount (A) or Price		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Common Stock 09/		09/12/	2019	019			М		2,200	A	\$47.9	5 15,17	2.4606		D				
Common Stock		09/12/	2019				S		2,200	D	\$82.53	12,972	12,972.4606(2)		D				
Common Stock													4,766			I	By 401(k) Plan		
		Т	able II								posed of converti			/ Owned			<u> </u>		
Derivative Conversion Date Execu Security or Exercise (Month/Day/Year) if any					ransaction Code (Instr.		ı of		Exerci on Da Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owner Form Direct or Ind (I) (In	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Employee Stock Options (Right to	\$47.95	09/12/2019			M			2,200	(3)		02/07/2021	Common Stock	2,200	\$0	0		D		

## **Explanation of Responses:**

- 1. The price reported in column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$82.5252 to \$82.561, inclusive. The reporting person undertakes to provide Ingredion Incorporated, any security holder of Ingredion Incorporated or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the range set forth in the immediately preceding sentence.
- 2. Includes restricted stock units ("RSUs") acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSUs with respect to which they are deemed dividends vest
- 3. The grant of options which included these options vested in three equal annual installments on February 8, 2012, 2013 and 2014.

John E. Lowe, attorney-in-fact 09/16/2019

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.