FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

wasnington	, D.C. 20549

Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Name and Address of Reporting Person* GORDON ILENE S							e and T Inc [g Symbol	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner									
(Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER						Date of //30/20		est Tra	nsactio	n (Mon	th/Day/Year)	X	Officer below)	(give title	siden	Other (s below) t and CEC	pecify				
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)					4.											i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(3		(Zip)	Non-Deri	ivativ	e Sec	urit	ies A	cauir	ed. D	isposed (of. or E	Benefi	<u> </u> ciallv	Owned						
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye				ion	2A. De Execui ear) if any		eemed Ition Date,			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and				5. Amoun Securities Beneficia Following	it of s lly Owned	6. Ownersh Form: Direc (D) or Indire (I) (Instr. 4)	ı: Direct r Indirect I ıstr. 4) (7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common Stock				07/30/2015				M		33,566	A	\$2	9.9 175,		22.2827		D				
Common	Stock			07/30/2015					S ⁽¹⁾		19,088	D	\$84.1	546 ⁽²⁾	⁶⁽²⁾ 156,334.2827		D				
Common Stock			07/30/2015				S ⁽¹⁾		12,364	D	\$85.5	525 ⁽³⁾	143,970.2827			D					
Common Stock			07/30/2015					S ⁽¹⁾		2,114	D	\$86.0	706(4)	(4) 141,856.282			D				
Common	Common Stock														31,375				By GRAT		
Common	Stock														85,000				By GRAT		
Common Stock													88,684				By GRAT				
		-	Гablе								sposed of , converti				Owned			•			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any		4. Transa Code (8)			vative urities uired or oosed O) (Instr.	Expir (Mon	ite Exer ration D ith/Day/		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	i lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exer	cisable	Expiration Date	Title	or	ount nber ıres							
Employee Stock Options (Right to Buy)	\$29.9	07/30/2015			M			33,566	,	(6)	01/26/2020	Commo Stock		566	\$0	0		D			

Explanation of Responses:

- 1. The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 12, 2015.
- 2. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$84.00 to \$84.9867, inclusive. The reporting person undertakes to provide Ingredion Incorporated, any security holder of Ingredion Incorporated or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in the immediately preceding sentence.
- 3. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$85.00 to \$85.97, inclusive. The reporting person undertakes to provide Ingredion Incorporated, any security holder of Ingredion Incorporated or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in the immediately preceding sentence.
- 4. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$86.00 to \$86.21, inclusive. The reporting person undertakes to provide Ingredion Incorporated, any security holder of Ingredion Incorporated or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in the immediately preceding sentence.
- 5. Includes restricted stock units ("RSUs") acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSUs with respect to which they are deemed dividends vest.
- 6. These options vested in three equal annual installments on January 27, 2011, 2012 and 2013.

<u>Christine M. Castellano,</u> <u>Attorney-in-Fact</u>

08/03/2015

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.	