FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL						
OMB Number:	3235-0104					
Estimated average burden						
hours per response:	0.5					

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Galvanoni Matthew R	2. Date of Event Requiring Statement (Month/Day/Year) 08/15/2012 3. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]									
(Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER			Relationship of Reporting Perso (Check all applicable) Director	on(s) to Issuer 10% Owner	(Mo	f Amendment, Da onth/Day/Year)	ate of Original Filed			
			X Officer (give title below)	Other (spec below)	App	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street) WESTCHESTER IL 60154			Vice Pres and Corp (Controller		_	y One Reporting Person y More than One erson			
(City) (State) (Zip)										
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)		. Amount of Securities Beneficially Owned (Instr. 4)			4. Nature of Indirect Beneficial Ownership (Instr. 5)					
Common Stock		6,025.4076(1)	D							
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securi Underlying Derivative Securit	ty (Instr. 4)	4. Conversion or Exercise	rcise Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)			
		Expiration Date	Title	Amount	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)				

Explanation of Responses:

1. Includes 6,000 restricted stock units ("RSUs") issued under the Ingredion Incorporated Stock Incentive Plan on June 18, 2012. The RSUs may be settled only in shares of Common Stock (one share per RSU). One-half of these RSUs will vest on June 18, 2015, and the remaining one-half will vest in two equal annual installments on June 18, 2016 and 2017. In the event of termination of employment due to death, disability or retirement (defined as age 55 and 10 years of service or age 62), the RSUs will vest on a pro-rata basis using the number of full months employed during the thirty-six month vesting period. Also includes RSUs acquired through deemed dividend reinvestment.

Remarks:

Exhibit List Exhibit 24 -- Power of Attorney

Mary Ann Hynes, Attorney in

08/27/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

KNOW ALL MEN BY THESE PRESENTS, that the undersigned director and/or officer of Ingredion Incorporated, a Delaware corporation (the ?Company?), does hereby severally make, constitute and appoint MARY ANN HYNES, Senior Vice President, General Counsel, Corporate Secretary and Chief Compliance Officer of the Company, his true and lawful attorney to execute, deliver and file, for and on his behalf, any and all reports on Forms 3, 4 and 5 relating to beneficial ownership of securities issued by the Company, until such date as the undersigned ceases to be required to file such reports.

IN WITNESS WHEREOF, the undersigned has hereunto executed this Power of Attorney this 23rd day of August, 2012.

/s/ Matthew R. Galvanoni Matthew R. Galvanoni

UNITED STATES OF AMERICA)
STATE OF ILLINOIS)
COUNTY OF COOK)

On this 23rd day of August, 2012, before me, a Notary Public of the State of Illinois, United States of America, personally came Matthew R. Galvanoni, to me known, and known to me to be the individual described in and who executed the foregoing instrument and acknowledged that he signed the same as his free and voluntary act and deed, for the uses and purposes therein mentioned. Given under my hand and official seal this 23rd day of August, 2012.

/s/ Gail L. Cotterman Notary Public My Commission expires March 20, 2013