FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL								
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Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

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Name and Address of Reporting Person* V. Lingland V. Lingland				2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
<u>Xu Jinghuai</u>					==	[o]								Director			10% Ow	ner	
(1+)		"	(A 4: - -)		3. Date of Earliest Transaction (Month/Day/Year)							— >	Officer below)	(give title		Other (specifically below)	pecify		
(Last)	(F	irst)	(Middle)		02/28/2022								SVP, Chief Innovation Officer						
5 WESTBROOK CORPORATE CENTER																			
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Inc	Individual or Joint/Group Filing (Check Applicable le)							
WESTCHESTER IL 60154												1 1	X Form filed by One Reporting Person						
														Form filed by More than One Reporting					
(City)	(S	state)	(Zip)												Person				
		Ta	ble I - Nor	n-Deriv	ative	Se	curities	s Ac	quired, [Disp	osed c	of, o	r Bene	ficially	Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D			2A. Deemed Execution Date						I. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			5. Amoun				'. Nature of			
			(Month/D	Day/Year) if any (Month/Day/Ye		if any (Month/Day/Yea			ode (Instr.		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			Owned Fo	Owned Following (I) (I		nstr. 4)	Beneficial Ownership	
						Code	v	Amount	(A) or Dr		Price	Reported Transacti				Instr. 4)			
									Code	<u> </u>	Amount	(D) F11		File	(Instr. 3 a	nd 4)			
			Table II -	Derivat	ive S	Sec	urities	Acqı	uired, Di	spo	sed of	, or	Benef	icially (Owned				
				(e.g., p	uts, (call	s, warr	ants	, options	s, c	onverti	ble	securi	ties)					
Derivative Conversion Date Execution or Exercise (Month/Day/Year) if any			3A. Deemed Execution D if any (Month/Day/	ate, Tra	, Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable at Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		ecurity	Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Co	de V	Date Expiration Or		mount r umber f Shares		Transaction(s) (Instr. 4)									

Explanation of Responses:

Phantom

Stock

1. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on February 28, 2022. Each phantom stock unit represents the right to receive one share of common stock.

Michael N. Levy, attorney-in-

** Signature of Reporting Person

52.4335

<u>fact</u>

Commor

Stock

03/02/2022

\$88.74

1,592.052

Date

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

02/28/2022

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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