FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* REICH VICTORIA					2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
, TEICII					3. 0	Date of Earliest Transaction (Month/Day/Year)								\dashv		er (give title			(specify
(Last) (First) (Middle) 5 WESTBROOK CORPORATE CENTER					04/01/2014								belo	w)		below)			
(Street) WESTCHESTER IL 60154					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ie)	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person			
(City)			Zip)												Fori Per	n filed by Moi son	re than	One Rep	orting
		Tabl	e I - No	n-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	ficia	lly Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) Common Stock 04/01/3					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				d Secur Bene Owne	ecurities eneficially wned Following		nership Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount		A) or D)	Price		action(s) 3 and 4)			(Instr. 4)
				04/01	2014		A		370.151 ⁽¹⁾		Α	\$0	98	88.7195 ⁽²⁾		D			
		Та									sed of, onvertib				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) if any (Month/Day/Year) ative		Date,		of Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		unt ber	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ov Fo Dii or (I)	vnership rm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. These are restricted stock units issued to the Company's outside directors as part of their annual retainer and are payable in stock no earlier than six months after resignation or retirement as a director and no later than ten years thereafter.
- 2. Includes restricted stock units acquired through deemed dividend reinvestment.

<u>Christine M. Castellano,</u> <u>Attorney-in-Fact</u>

04/03/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.