UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D C. 20549

FORM 11-K

ANNUAL REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

(Mark One)

[X] Annual report pursuant to Section 15(d) of the Securities Exchange Act of 1934

For the fiscal year ended December 31, 2018

or

[] Transition report pursuant to Section 15(d) of the Securities Exchange Act of 1934

For the transition period from _____ to _____

Commission file number 1-13397

- A. Ingredion Incorporated Retirement Savings Plan for Hourly Employees (Full title of the plan)
- B. Ingredion Incorporated, 5 Westbrook Corporate Center, Westchester, Illinois 60154 (Name of issuer of the securities held pursuant to the plan and the address of its principal executive office)

REQUIRED INFORMATION

The following financial statements are furnished for the Plan and are filed herewith in paper under Rule 101(b)(3) of Regulation S-T:

- 1. Consent of Independent Registered Public Accounting Firm.
- 2. Report of Independent Registered Public Accounting Firm.
- 3. Statement of Net Assets Available for Benefits as of December 31, 2018 and 2017.
- 4. Statement of Changes in Net Assets Available for Benefits for the fiscal year ended December 31, 2018.
- 5. Notes to Financial Statements.
- 6. Supplemental Schedules.

INGREDION INCORPORATED RETIREMENT SAVINGS PLAN FOR HOURLY EMPLOYEES Westchester, Illinois

FINANCIAL STATEMENTS December 31, 2018 and 2017

INGREDION INCORPORATED RETIREMENT SAVINGS PLAN FOR HOURLY EMPLOYEES Westchester, Illinois

FINANCIAL STATEMENTS December 31, 2018 and 2017

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All other schedules required by Section 2520.103-10 of the Department of Labor Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974, as amended, have been omitted because they are not applicable.



Report of Independent Registered Public Accounting Firm

Plan Participants and Benefits Committee of the Ingredion Incorporated Retirement Savings Plan for Hourly Employees Westchester, Illinois

Opinion on the Financial Statements

We have audited the accompanying statements of net assets available for benefits of the Ingredion Incorporated Retirement Savings Plan for Hourly Employees (the "Plan") as of December 31, 2018 and 2017, the related statement of changes in net assets available for benefits for the year ended December 31, 2018, and the related notes (collectively referred to as the "financial statements"). In our opinion, the financial statements present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2018 and 2017, and the changes in net assets available for benefits for the year ended December 31, 2018 and 2017, and the changes in net assets available for benefits for the year ended December 31, 2018, in conformity with accounting principles generally accepted in the United States of America.

Basis for Opinion

These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on the Plan's financial statements based on our audits. We are a public accounting firm registered with the Public Company Accounting Oversight Board (United States) ("PCAOB") and are required to be independent with respect to the Plan in accordance with the U.S. federal securities laws and the applicable rules and regulations of the Securities and Exchange Commission and the PCAOB.

We conducted our audits in accordance with the standards of the PCAOB. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement, whether due to error or fraud. The Plan is not required to have, nor were we engaged to perform, an audit of its internal control over financial reporting. As part of our audits we are required to obtain an understanding of internal control over financial reporting but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control over financial reporting. Accordingly, we express no such opinion.

Our audits included performing procedures to assess the risks of material misstatement of the financial statements, whether due to error or fraud, and performing procedures that respond to those risks. Such procedures included examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements. Our audits also included evaluating the accounting principles used and significant estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that our audits provide a reasonable basis for our opinion.

Supplemental Information

The supplemental Schedule H, Line 4a – Schedule of Delinquent Participant Contributions for the year ended December 31, 2018 and Schedule H, Line 4i – Schedule of Assets (Held at End of Year) as of December 31, 2018 have been subjected to audit procedures performed in conjunction with the audit of the Ingredion Incorporated Retirement Savings Plan for Hourly Employees financial statements. The supplemental schedules are the responsibility of the Plan's management. Our audit procedures included determining whether

the information presented in the supplemental schedules reconciles to the financial statements or the underlying accounting and other records, as applicable, and performing procedures to test the completeness and accuracy of the information presented in the supplemental schedules. In forming our opinion on the supplemental schedules, we evaluated whether the supplemental schedules, including their form and content, are presented in conformity with the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. In our opinion, the supplemental schedules are fairly stated in all material respects in relation to the financial statements as a whole.

/s/Crowe LLP Crowe LLP

We have served as the Plan's auditor since 2007.

Oak Brook, Illinois June 17, 2019

See accompanying notes to financial statements.

Statements of Net Assets Available for Benefits

December 31, 2018 and 2017

Assets	2018	2017
Investment in Master Trust – at fair value (Notes 2 and 3) Notes receivable from participants	\$ 91,920,594 4,922,651	\$ 99,402,754 5,258,277
Net assets available for benefits	\$ 96,843,245	\$ 104,661,031

See accompanying notes to financial statements.

Statement of Changes in Net Assets Available for Benefits

Year ended December 31, 2018

Additions to net assets attributed to:	
Interest income on notes receivable from participants	\$ 248,429
Contributions:	
Employer	4,150,856
Participants	4,402,636
Rollover	 122,696
Total contributions	 8,676,188
Total additions	8,924,617
Deductions from net assets attributed to:	
Net investment loss from Master Trust (Notes 2 and 3)	6,287,014
Distributions to participants	9,795,186
Administrative expenses	 114,529
Total deductions	 16,196,729
Net (decrease) before transfers	(7,272,112)
Transfers from the Plan (Note 7)	 (545,674)
Net (decrease)	(7,817,786)
Net assets available for benefits, beginning of year	 104,661,031
Net assets available for benefits, end of year	\$ 96,843,245

See accompanying notes to financial statements.

Notes to Financial Statements

1. Description of Plan

General

The following brief description of the Ingredion Incorporated Retirement Savings Plan for Hourly Employees (the "Plan") is provided for general informational purposes only. Participants should refer to the plan document or the summary plan description for more complete information. The Plan is a defined contribution plan for the hourly employees of Ingredion Incorporated (the "Company") in the United States. The Plan allows employees to set aside part of their compensation for retirement. The Plan is subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA) as amended.

Fidelity Management Trust Company (the "Trustee") holds the Plan's investments and executes investment transactions through the trust established pursuant to the Plan.

Contributions and Vesting

Hourly employees become eligible to contribute to the Plan immediately upon employment. Participants may contribute between 1% and 75% of their gross annual compensation on a before-tax basis (100% for North Kansas City participants), subject to the limits imposed by the Internal Revenue Code (\$18,500 for 2018). For participants who merged into the Plan from the Penford Corporation Savings and Stock Ownership Plan in 2016, if the participant started employment on or after January 1, 2016 and had not affirmatively elected to participate (or not to participate) in the Plan within 30 days after becoming an eligible employee (the "30-day election period"), then the participant will automatically be deemed to have elected to participate in the Plan and make tax-deferred contributions of 3% of their gross annual compensation. Certain employee groups are also allowed to contribute a percentage of their compensation on an after-tax basis. These contributions are also subject to the Internal Revenue Code limits. The Plan also allows for certain participants age 50 and older to contribute additional tax-deferred contributions. These catch-up contributions were subject to IRS limits of \$6,000 in 2018 The Plan also permits participants to make rollover contributions in accordance with the Internal Revenue Code.

The Company makes a matching contribution to the Plan, which is based on a percentage of the deferred contributions made by or on behalf of the participant that together do not exceed a certain percentage of the participant's compensation for each payroll period during a plan year. These match formulas vary based on location. The Company will also make an additional non-elective contribution each payroll period based on a percentage of the participant's compensation. The formula for the non-elective contribution varies by location. Vesting in the Company matching contribution and vesting in the non-elective contribution account varies by location.

Participants direct the investment of their contributions and employer contributions into various investment options offered by the Plan. The investment funds under the Plan include collective trust funds, a Company stock fund, and various mutual funds. The Ingredion stock fund is primarily invested in the common stock of the Company and money market mutual funds.

1. Description of Plan, continued

Participant Accounts

Individual account balances are maintained for each participant. Each participant's account is credited with the participant's contribution and allocations of the Company's contributions and Plan earnings and charged with an allocation of administrative expenses. Allocations are based on participant earnings or account balances, as defined. Forfeited balances of terminated participants' nonvested accounts are used to reduce future Company contributions. As of December 31, 2018 and 2017, forfeitures were negligible. The benefit to which a participant is entitled is the benefit that can be provided from the participant's vested account. Participants have a fully vested interest in all contributions made by them and in the Plan's earnings/losses on those contributions at all times.

Notes Receivable from Participants

Participants are permitted to obtain loans from their plan accounts while employed by the Company. In general, the amount of the loan may not exceed the lesser of \$50,000 reduced by the highest outstanding loan balance in a participant's vested account during the prior 12-month period, or 50% of their vested account balance. The minimum loan amount is \$500. Loan transactions are treated as a transfer between the investment funds and the loan fund. The loans bear a rate of interest equal to the prime rate as published by Reuters plus one percent as of the last business day of the month prior to the date the loan is requested. Loans are repaid through payroll deductions and repayments are reinvested into the participant's account according to the current investment election. Current outstanding loans will mature through 2033.

Payment of Benefits

A participant becomes fully vested in all employer contributions upon death, disability or attaining the age of 65. Upon retirement, death or termination, the participant's benefit will generally be paid in a lump sum. Under certain circumstances, participants may withdraw their before-tax contributions during their employment with the Company. Withdrawals may be made in the event of financial hardship, as defined in the Plan, or after attainment of age 59 ½ years old.

Administrative Expenses

Loan origination fees associated with notes receivable are paid by participants and the Plan's recordkeeping fees are paid by the Plan and are reflected as administrative expenses of the Plan. Certain trustee fees and other administrative expenses are paid by the Company.

Master Trust

Assets of the Plan are co-invested with the assets of the Ingredion Incorporated Retirement Savings Plan for Salaried Employees sponsored by the Company in a commingled investment known as the Ingredion Incorporated Master Trust (the "Master Trust") for which Fidelity Management Trust Company serves as the trustee.

2. Summary of Significant Accounting Policies

Basis of Presentation

The accompanying financial statements are prepared on the accrual basis of accounting in accordance with U.S. Generally Accepted Accounting Principles ("GAAP").

New Accounting Standards

In February 2017, the Financial Accounting Standards Board ("FASB") issued Accounting Standards Update No. 2017-06, Plan Accounting: Defined Benefit Pension Plans (Topic 960), Defined Contribution Pension Plans (Topic 962), Health and Welfare Benefit Plans (Topic 965), Employee Benefit Plan Master Trust Reporting ("ASU 2017-06"). ASU 2017-06 relates primarily to the reporting by an employee benefit plan (a plan) for its interest in a master trust. A master trust is a trust for which a regulated financial institution (bank, trust company, or similar financial institution that is regulated, supervised, and subject to periodic examination by a state or federal agency) serves as a trustee or custodian and in which assets of more than one plan sponsored by a single employer or by a group of employers under common control are held. For each master trust in which a plan holds an interest, the amendments in ASU 2017-06 require a plan's interest in that master trust and any change in that interest to be presented in separate line items in the statement of net assets available for benefits and in the statement of changes in net assets available for benefits, respectively. ASU 2017-06 also requires disclosure of the master trust other assets and liabilities on a gross basis and the dollar amount of the plan's interest in each balance. The amendments in ASU 2017-06 are effective for fiscal years beginning after December 15, 2018. Early adoption is permitted. An entity should apply the amendments in ASU 2017-06 retrospectively to each period for which financial statements are presented. Plan management does not expect this standard to have a material impact on the Plan's Financial Statements and has elected not to early adopt this standard.

Notes Receivable from Participants

Notes receivable from participants are reported at their unpaid principal balance plus any accrued but unpaid interest, with no allowance for credit losses, as repayments of principal and interest are received through payroll deductions and the notes are collateralized by the participants' account balances.

Valuation of the Plan and Master Trust Investments

Investments of the Plan and the Master Trust are reported at fair value. The Plan's interest in the Master Trust is reported at estimated fair value based upon the fair values of the underlying investments held within the Master Trust. Each participating plan holds units of participation in the Master Trust. Net assets, investment income (loss), and administrative expenses relating to the Master Trust are allocated to the individual plans based upon their interest in each of the underlying participant-directed investments. Purchases and sales of securities are recorded on a trade-date basis. Interest income is recorded on the accrual basis. Dividends are recorded on the ex-dividend date.

The Plan's investment activities as presented in the Statement of Changes in Net Assets Available for Benefits include the net appreciation or depreciation in fair value of investments, which consists of the realized gains or losses on investment sales and the unrealized appreciation or depreciation on investments held at year end.

2. Summary of Significant Accounting Policies, continued

Valuation of the Plan and Master Trust Investments, continued

Fair value is the price that would be received by the Plan for an asset or paid by the Plan to transfer a liability (an exit price) in an orderly transaction between market participants on the measurement date in the Plan's principal or most advantageous market for the asset or liability. Fair value measurements are determined by maximizing the use of observable inputs and minimizing the use of unobservable inputs. The hierarchy places the highest priority on unadjusted quoted market prices in active markets for identical assets or liabilities (Level 1 measurements) and gives the lowest priority to unobservable inputs (Level 3 measurements). The three levels of inputs within the fair value hierarchy are defined as follows:

Level 1: Quoted prices (unadjusted) for identical assets or liabilities in active markets that the Plan and the Master Trust has the ability to access as of the measurement date.

Level 2: Significant other observable inputs other than Level 1 prices such as quoted prices for similar assets or liabilities; quoted prices in markets that are not active; or other inputs that are observable or can be corroborated by observable market data.

Level 3: Significant unobservable inputs that reflect the Plan's and the Master Trust's own assumptions about the assumptions that market participants would use in pricing an asset or liability.

In some cases, a valuation technique used to measure fair value may include inputs from multiple levels of the fair value hierarchy. The lowest level of significant input determines the placement of the entire fair value measurement in the hierarchy.

The following descriptions of the valuation methods and assumptions used by the Plan and the Master Trust to estimate the fair values of investments apply to investments held directly by the Master Trust.

Mutual funds and common stock: The fair values of mutual fund investments and common stock are determined by obtaining quoted prices on nationally recognized securities exchanges (Level 1 inputs).

Investments measured at net asset value: The fair value of participation units held in the collective trust funds are based on the net asset value as reported by the Trustee. Trust units may be redeemed on a daily basis to meet benefit payments and other participant-initiated withdrawals permitted by retirement plans invested in the trust.

Under the terms of the Declaration of Trust, retirement plans invested in the stable value collective trust funds are required to provide either 12 or 30 months' advance notice to the Trustee prior to redemption of trust units; the notice period may be shortened or waived by the Trustee in its sole discretion.

Under the terms of the Declaration of Trust, retirement plans invested in the life cycle collective trust funds are required to provide 30 and 90 days advance notice to the Trustee prior to redemption of trust units for 2018 and 2017, respectively; the notice period may be shortened or waived by the Trustee in its sole discretion.

Money market mutual funds: The fair value of the money market mutual funds balance has been determined based upon quoted redemption prices and recent transaction prices of \$1.00 per share (Level 2 inputs), with no discounts for credit quality or liquidity restrictions.

2. Summary of Significant Accounting Policies, continued

The methods described above may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, while the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

Use of Estimates

The preparation of financial statements in conformity with U.S. GAAP requires the plan administrator to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of changes in net assets available for benefits during the reporting period. Actual results could differ from those estimates.

Risks and Uncertainties

Through the Master Trust, the Plan allows participants to direct the investment of their account balance in a number of funds that invest in collective trust funds, stocks, mutual funds, and other investments. The values of certain investments are exposed to risks from a variety of factors, such as liquidity, changes in interest rates, fluctuations in market conditions and changes in the credit standing of issuers of investments. Due to the level of risk associated with certain investments and the sensitivity of certain fair value estimates to changes in valuation assumptions, it is at least reasonably possible that changes in the fair values of investments will occur in the near term and that such changes could materially affect participants' account balances and the amounts reported in the Statement of Net Assets Available for Benefits.

Payment of Benefits

Benefits are recorded when paid.

3. Master Trust Investments

The Plan's interest in the Master Trust was 18% for the years ended December 31, 2018 and 2017.

The net assets of the Master Trust were:

	2018	2017
Investments at fair value:		
Collective trusts	\$ 228,852,812	\$234,793,869
Ingredion common stock	25,722,976	41,910,083
Mutual funds	249,826,606	281,200,289
Money market mutual funds	810,894	1,290,553
Net assets	\$ 505,213,288	\$559,194,794
Plan's interest therein	\$ 91,920,594	\$ 99,402,754

(Continued)

3. Master Trust Investments, continued

The Master Trust's investment (loss) for the year ended December 31, 2018 is summarized as follows:

Net (depreciation) in fair value of investments	\$ (52,673,646)
Dividend and interest income	18,353,050
Investment Income	\$ (34,320,596)
Plan's interest therein	\$ (6,287,014)

Assets of the Master Trust that are measured at fair value on a recurring basis as of December 31, 2018 and 2017 are summarized below:

			leasurements ber 31, 2018	
	Quoted Prices in Active Markets For Identical Assets	Significant Other Observable Inputs	Significant Unobservable Inputs	Total
Mutual funda	(Level 1)	(Level 2)	(Level 3)	Total
Mutual funds	\$ 249,826,606	\$ —	\$ —	\$ 249,826,606
Company common stock	25,722,976	_	—	25,722,976
Money market mutual funds		810,894	—	810,894
Total assets in fair value hierarchy	275,549,582	810,894		276,360,476
Investments measured at net asset				
value ª	_	_	_	228,852,812
Investments at fair value	\$ 275,549,582	\$ 810,894	\$ —	\$ 505,213,288

			leasurements Der 31, 2017		
	Quoted Prices in Active Markets For Identical Assets	Significant Other Observable Inputs	Significant Unobservable Inputs		
	(Level 1)	(Level 2)	(Level 3)		Total
Mutual funds	\$ 281,200,289	\$ —	\$ —	\$	281,200,289
Company common stock	41,910,083		—		41,910,083
Money market mutual funds	—	1,290,553	—		1,290,553
Total assets in fair value hierarchy	323,110,372	1,290,553		_	324,400,925
Investments measured at net asset value a	_		_		234,793,869
Investments at fair value	\$ 323,110,372	\$ 1,290,553	\$	\$	559,194,794

3. Master Trust Investments, continued

(a) In accordance with FASB Accounting Standard Codification Topic 820, Fair Value Measurement, certain Investments that were measured at net asset value per share (or its equivalent) as a practical expedient have not been classified in the fair value hierarchy. The fair value amounts presented in this table are intended to permit reconciliation of the fair value hierarchy to the net assets presented in the Master Trust footnote.

There were no transfers between Level 1 and Level 2 investments during 2018.

4. Party in Interest Transactions

Parties in interest are defined under Department of Labor regulations as any fiduciary of the Plan, any party rendering services to the Plan, the Company, and certain others. The Plan allows participants to invest their account balances in shares of certain mutual funds or other investments managed by the Trustee or Fidelity Investments. Fidelity Investments is an affiliate of the Trustee; therefore, these transactions qualify as party-in-interest transactions. For the year ended December 31, 2018, fees were

paid by the Plan to an affiliate of the Trustee. Investment management fees are paid by the Plan to investment managers which are parties in interest and these expenses are reflected in the financial statements as a reduction of the return on the Plan's investments.

The Master Trust had \$25,722,976 and \$41,910,083 at December 31, 2018 and 2017, respectively, in Ingredion Common Stock, which is exempt from the party-in-interest transaction prohibitions of ERISA. The Master Trust had 281,433 and 299,786 shares of Ingredion Common Stock at December 31, 2018 and 2017, respectively. The Master Trust earned dividend income of \$722,942 on the Ingredion Incorporated common stock during the year ended December 31, 2018. These transactions also qualify as party-in-interest transactions. The Plan also allows participants to take loans from their accounts in the Plan. These transactions also qualify as party-in-interest transactions and totaled \$4,922,651 and \$5,258,277 at December 31, 2018 and 2017, respectively.

5. Tax Status

The Internal Revenue Service has determined and informed the Plan by a letter dated March 4, 2014, that the Plan and related trust were designed in accordance with the applicable sections of the Internal Revenue Code (IRC). Although the Plan has been amended and restated since receiving the determination letter, the Plan administrator believes that the Plan is designed, and is currently being operated, in compliance with the applicable requirements of the IRC and, therefore, believes that the Plan is qualified, and the related trust is tax-exempt.

U.S. GAAP requires plan management to evaluate tax positions taken by the Plan and recognize a tax liability (or asset) if the Plan has taken an uncertain position that more likely than not would not be sustained upon examination by the IRS. The plan administrator has analyzed the tax positions taken by the Plan, and has concluded that as of December 31, 2018 and 2017, there are no uncertain tax positions taken or expected to be taken that would require recognition of a liability (or asset) or disclosure in the financial statements. The Plan is subject to routine audits by taxing jurisdictions; however, there are

5. Tax Status, continued

currently no audits for any tax periods in progress. The plan administrator believes it is no longer subject to income tax examinations for years prior to 2015.

6. Rights Upon Plan Termination

Although it has not expressed any intent to do so, the Company has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of plan termination, participants would become 100% vested in their employer contributions and earnings thereon.

7. Transfer of Assets

Throughout the year, employees may transfer to various positions within the Company. This may result in a transfer to or from the Plan to another plan sponsored by the Company. This is shown as a transfer to or from the Plan on the Statement of Changes in Net Assets Available for Benefits.

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SUPPLEMENTAL SCHEDULES

INGREDION INCORPORATED RETIREMENT SAVINGS PLAN FOR HOURLY EMPLOYEES Year ended December 31, 2018

Schedule H, Line 4a – Schedule of Delinquent Participant Contributions December 31, 2018

Name of Plan Sponsor: Employer identification number: Three-digit plan number:

Ingredion Incorporated 22-3514823 004

	Total that Cor	nstitute Nonexer	npt Prohibited T	ransactions	
Check here if Late Participant Loan Repayments are	Contributions Not		l Contril	butions Pending	Total Fully Corrected Under VFCP and PTE 2002-
Included	Corrected	Outside VF	JP Corre	ection in VFCP	51
	\$ —	\$7,	884 \$	_ \$	6 —

INGREDION INCORPORATED RETIREMENT SAVINGS PLAN FOR HOURLY EMPLOYEES December 31, 2018

Schedule H, Line 4i -- Schedule of Assets (Held at End of Year) December 31, 2018

Name of Plan Sponsor: Employer identification number: Three-digit plan number:	Ingredion Incorporated 22-3514823 004		
(a) (b)	(c) Description of Investment Including	(d)	(e)
Identify of Issue, Borrower, Less Similar Party	sor, or Maturity Date, Rate of Interest, Collateral, Par of Maturity Value	<u>Cost</u>	Current Value
* Notes receivable from participa	ants Notes bearing interest at rates ranging from 3.25% to 9.25%, and maturing through to 2033	#	\$ 4,922,651
			\$ 4,922,651

* Denotes a party in interest to the Plan
All investments are participant-directed; therefore, historical cost information is not required.

EXHIBIT INDEX

Exhibit Number	Description of Documents
23.1	Consent of Independent Registered Public Accounting Firm

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SIGNATURES

The Plan. Pursuant to the requirements of the Securities Exchange Act of 1934, the trustees (or other persons who administer the employee benefits plan) have duly caused this annual report to be signed on its behalf by the undersigned hereunto duly authorized.

Ingredion Incorporated Retirement Savings Plan for Hourly Employees

Date: June 17, 2019

By: /s/ Robert Simitz Name: Robert Simitz Title: Plan Administrator

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CONSENT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

We consent to the incorporation by reference in Registration Statement Nos. 333-113746 and 333-160612 on Form S-8 of Ingredion Incorporated of our report dated June 17, 2019 appearing in this Annual Report on Form 11-K of the Ingredion Incorporated Retirement Savings Plan for Hourly Employees for the year ended December 31, 2018.

/s/ Crowe LLP Crowe LLP

Oak Brook, Illinois June 17, 2019