FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Seip David Eric					2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]								Check	k all applic Directo	ionship of Reporting all applicable) Director Officer (give title		on(s) to Iss 10% Ov Other (s	vner	
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 12/15/2022								X	below) SVP, Globa Ops		Ops a	below)	,poony	
5 WESTBROOK CORPORATE CENTER																			
(Street) WESTCHESTER IL 60154				4. II	If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(City) (State) (Zip)														Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date)					Execution Date,			Transaction Disposed Code (Instr. 5)		ties Acquired (A) o		nd Securitie Benefici Owned F Reported		es Fo ally (D) Following (I)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	٧	Amount	(A) or P		•	Transaction(s) (Instr. 3 and 4)				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	ate, Ti	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
				С	ode	v	(A)	(D)	Date Exercisab		expiration Date	Title	Amour or Number of Shares	r					
Phantom Stock	(1)(2)	12/15/2022			A		46.459		(1)(3)		(1)(4)	Common Stock	46.45	9	\$98.41	3,312.89	051	D	

Explanation of Responses:

- 1. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on November 30, 2022. Each phantom stock unit represents the right to receive one share of common stock
- 2. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on October 31, 2022. Each phantom stock unit represents the right to receive one share of common stock.
- 3. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on December 31, 2021. Each phantom stock unit represents the right to receive one share of common stock.
- 4. Represents the aggregate number of shares of phantom stock allocated to the reporting person under the SERP as of the date hereof based on the closing price of a share of the issuer's Common Stock on March 31, 2021. Each phantom stock unit represents the right to receive one share of common stock.

Michael N. Levy, attorney-in-12/16/2022 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.