FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	51
Section 16. Form 4 or Form 5	
obligations may continue. See	
notruction 1/h)	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Fischer David B					2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]								(Ch	elationshi eck all app X Direc	olicable)	g Person(s) to I		
(Last) 5 WESTI	(Fii BROOK CO	est) (I	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 10/01/2013								Offic below	er (give title w)	Other below	(specify)		
(Street) WESTCHESTER IL 60154 (City) (State) (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	e) <mark>X</mark> Forn Forn						
		Tabl	e I - Non-	Deriva	ative	Sec	uritie	s Ac	quired,	Dis	posed o	f, or E	3ene	ficial	y Own	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				Execution Date,		Code (Instr. 5)					Securi Benefi	cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A (D) or)	Price	Transa	action(s) 3 and 4)		(111501.4)	
Common Stock 10/0			10/01/	/2013			A		376 ⁽¹⁾ A		A	\$ <mark>0</mark>	927		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Security or Exercise (Month/Day/Year) if any		Date, T	4. Transaction Code (Instr. 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		r. 3	. Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				c	Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Numb of Share					

Explanation of Responses:

1. These are shares of common stock issued to the Company's outside directors as part of their annual retainer.

Christine M. Castellano, Attorney-in-Fact

10/03/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.